

The Sachse News

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Shining on the community, events and people of Sachse

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Connor Pittman/The Sachse News

5 Loaves Food Pantry in Sachse is one of the nonprofit organizations participating in this year's North Texas Giving Day. The pantry hopes to raise \$70,000, which will be used to purchase a refrigerated truck to transport food.

North Texas Giving Day set for Sept. 22

Local nonprofits striving for fundraising goals

By Connor Pittman
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An annual fundraising event for nonprofits across North Texas began taking donations at the start of the month.

North Texas Giving Day is put on each year by the Communities Foundation of Texas with

the 18-hour online fundraising event scheduled for Sept. 22. The foundation began accepting donations Thursday, Sept. 1, and will continue accepting them until Giving Day.

The foundation was first established in 1953 and professionally manages more than 1,000 charitable funds. The

inaugural North Texas Giving Day was in 2009.

According to the Communities Foundation of Texas, North Texas Giving Day is the largest community-wide giving event in the United States. Since 2009, it has assisted thousands of nonprofit organizations in the area and raised over \$441 million.

Last year, over 3,300 nonprofits were impacted by \$66 million in donations received.

This year, several organizations in the Wylie, Sachse and Murphy communities are taking part in the annual campaign.

One of those organizations is

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NEWS YOU NEED

Apply for boards and commissions

The city is once again accepting applications for vacancies on its boards and commissions. Interested individuals can apply at cityofsachse.com.

Story Time at the Library

The Sachse Public Library holds a toddler story time at 10:30 a.m. each Wednesday, a preschool story time at 11:30 a.m. each Thursday and a baby bounce story time at 10:30 a.m. each Friday.

New program provides resources for managing limited budgets

Older adults on fixed incomes can face challenges with rising prices but a new program aims to teach them money-saving tips.

Approximately one in ten persons rely on Social Security only and received a 2022 cost of living increase that is well below the inflation rate. See page 2A.

NCTCOG hosting transportation public meeting

The North Central Texas Council of Governments (NCTCOG) is giving residents the opportunity to weigh in on area transportation during its upcoming meeting. See page 2A.

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9/11 stair climb to honor 343 fallen firefighters

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When terrorists attacked the World Trade Center Sept. 11, 2001, Adam Kroviak was a senior in high school while Haley Jeffcoat was just a 4-year-old with a father who worked in fire services. Kroviak recalls some memories from the day, but Jeffcoat only remembers details at her father's reaction to the attacks.

Twenty-one years later, Kroviak is preparing to participate in the Dallas 9/11 Stair Climb for the eighth time, while Jeffcoat will ascend staircases downtown for the first time.

At 8:47 a.m. Saturday, Sept. 10, Kroviak, Jeffcoat and 341 other firefighters will walk up the stairs inside Fountain Place, a skyscraper downtown. They will climb 30 flights of stairs, 50 flights of stairs and another 30 flights of stairs to complete 110 total flights of stairs. After each climb, firefighters will ride down an elevator before ascending once more.

The stair climb — commemorating the 343 firefighters, 70 law enforcement and 9 EMT personnel who lost their lives — brings firefighters from across the country and the state of Texas together to remember the ultimate sacrifice first responders made on 9/11. Each of the 343 firefighters taking part in the climb will receive a placard containing a photo



Connor Pittman/The Sachse News

Division Chief Adam Kroviak, left, and Firefighter/Paramedic Haley Jeffcoat are two of eight Sachse Fire-Rescue personnel who will attend the annual 9/11 Stair Climb in Dallas Saturday, Sept. 10. All 343 attending firefighters climb 110 flights of stairs in full gear.

and name of a firefighter who died responding to fires inside the World Trade Center in New York City.

This year, Sachse Fire-Rescue is sending eight firefighters, including Kroviak and Jeffcoat. Kroviak first began partic-

ipating in the climb in 2013 and has completed it every year since he started with the exception of the year the event was

canceled.

"As I started going through my career, there were a couple other guys I worked with that did the first two," Kroviak said. "One year, I signed up and did it, and it became my annual remembrance and reflection."

Sign-ups began for this year's event June 1 and went fast, said Kroviak.

While Kroviak is one of the lucky 343 firefighters participating in this year's event, he said thousands attempt to sign up every year, with the list filling in a matter of seconds. One year, Kroviak had his mother sign him up because he was on vacation but did not want to miss the event.

This year, Jeffcoat says she took a break from her regular morning workout to grab a coveted spot. Other members of the department stopped in the middle of training to grab spots too, she added.

"I'm super excited because I think this is something that everyone should be able to experience in their career," Jeffcoat said. "Seeing all the pictures of it and talking to people who have done it, it is a great way to be able to honor somebody who fell in the towers."

Both Kroviak and Jeffcoat have already received information about the fallen firefighter they will represent.

"One thing that is neat is that

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Connor Pittman/The Sachse News

His Gracious Hands Free Clinic, hosted by 5 Loaves offers free minor medical care on Thursday evenings 5:30-7:30. It is located at 4401 Williford Rd.

Weekly no-cost medical clinic hosted by His Gracious Hands

By Connor Pittman
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A retired physician's assistant with a strong desire to give back found her way to contribute to Sachse and the surrounding community.

Barbara Jacinto — who operates His Gracious Hands with her husband Tony — runs a no-cost medical clinic from 5:30 to 7:30 p.m. Thursdays at 5 Loaves Food Pantry, located at

4401 Williford Road. Previously, the clinic had been located at the First Baptist Church, now the Cross Church, in Wylie.

The clinic began offering weekly service Aug. 4.

All care is available for free with the exception of blood work, which is done for a minimal cost, said Jacinto. Part of its free services are for acute care, such as a cold, and chronic care, such as high cholesterol.

Additionally, the clinic will cover the first \$40 of any medication expenses, Jacinto said, and works with Saint Vincent de Paul to cover any extra costs. "I know it's horrible when you are sick and you are unable to afford care," Jacinto said. "It's really stressful, especially for elderly people who may be on a fixed income."

Her main goal remains on

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EDC approves contribution to pantry

By Connor Pittman
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Sachse Economic Development Corporation directors considered a resolution authorizing a charitable contribution to a local food pantry during its most recent meeting.

Audrey Wallace, director of 5 Loaves Food Pantry, asked the SEDC for a contribution to help fund the purchase of a new food truck during the Aug. 18 regular meeting.

The current truck is not refrigerated, said Wallace, which makes it difficult to pick up items, such as fresh produce from different grocery stores or food providers. The truck also has over 300,000 miles on it, she added.

"We run three to four days a week," Wallace said. "We have certain stores that are assigned to us and pick up food."

By purchasing a refrigerated truck, the pantry could potentially pick up more fresh food from stores farther away from its Sachse address, said Wallace. Specifically, Taylor

Farms, a produce provider, will not allow the pantry to pick up produce unless it is transported in a refrigerated truck.

Currently, the pantry is fairly limited on the type of food it can pick up because the truck has no cooling capacity.

"We have a limited time to get food back because it is frozen or refrigerated food," Wallace said. "We have an opportunity to get anywhere from 500 pounds to 2,500 pounds of fresh food from Taylor Farms."

Wallace informed directors that any contributors who donate \$5,000 or more would receive their logo on the side of the new truck. The current truck has the SEDC logo on the side.

Tim Shivers, president of the SEDC, said he supports the work 5 Loaves does, but that he is unsure if it is the best use of the corporation's community contribution dollars.

"I am not sure that we

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