

# Weekly medical clinic available at 5 Loaves Food Pantry

continued from 1A

using the gifts God gave her to help people, she added.

For the past one-and-a-half years, the clinic has been located at the Sachse nonprofit, but it was only offered two times a month — one Tuesday and one Saturday — prior to Jacinto's "retirement." With a little more free time, she is able to give several Thursday nights each month to aiding local residents in need of lower cost health care.

Beyond the affordable treatment, the clinic has successfully networked with local schools and pharmacies. Schools are able to direct students in need to the clinic, while the pharmacies work with the clinic to provide medicine at a lower cost.

"Some of the offices around will send patients without insurance toward us," Jacinto said.

The clinic also works with Dr. Joseph Meyer from Wylie ER, who serves as the supervising physician. His role is to make sure there are sound medical practices at the clinic and provide any advice if necessary. However, he usually only



Connor Pittman/The Sachse News

**His Gracious Hands**, a Wylie nonprofit, hosts a free weekly clinic Thursday nights from 5:30 to 7:30 p.m. Volunteers Tony Jacinto, Raelynn Johnson, Barbara Jacinto, Tammy Gressett and George Gressett worked the Sept. 1 clinic.

needs to check in, said Jacinto, because her vast experience as a physician's assistant has ex-

posed her to a variety of ailments.

In addition to Jacinto, the clinic also has an ear, nose and throat specialist and a nurse practitioner who is available

to assist. She said she is also looking to add a mental health counselor to assist any individuals who may need that support as well.

While the clinic impacts the

lives of several in Wylie, Sachse and surrounding communities, it is only one part of a larger aid package provided by His Gracious Hands, a Wylie-based nonprofit organization.

Jacinto said His Gracious Hands helps cover the cost of gas, provide clothing, pay for appliance repairs and provide short-term hotel accommodations for those in need. The nonprofit began serving seven years ago and has held 501(c)3 status with the Internal Revenue Service for six years.

"It's wonderful; you can't beat that feeling because you made a difference in someone's life," Jacinto said, reflecting on how it feels to serve the community. "It's easy to go through our days not thinking about someone across the street or next door that is in trouble."

All staff at the nonprofit are volunteers and there are no income-based restrictions for individuals to receive assistance from His Gracious Hands.

"We don't check those things; it's not really something we care about," Jacinto said.

To book an appointment, individuals can visit the website or Facebook page and reach out to the nonprofit.

When it comes to the overall mission of the clinic and His Gracious Hands, Jacinto said it best.

"If someone has a need, we're going to do our best to fill that need," she said.

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Connor Pittman/The Sachse News

The weekly clinic has two examination rooms where Barbara Jacinto, a retired physician's assistant, and volunteer medical personnel treat patients. The clinic also helps cover any medication costs associated with a visit.

*When it comes to the overall mission of the clinic and His Gracious Hands, Barbare Jacinto said it best. "If someone has a need, we're going to do our best to fill that need."*

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